



# POLSKI ZWIĄZEK PODNOSZENIA CIĘŻARÓW

POLISH WEIGHTLIFTING FEDERATION  
MEMBER OF THE I.W.F. AND E.W.F.

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Warsaw, 30/03/2015

## NATIONAL WEIGHTLIFTING FEDERATIONS

of Belarus, Estonia, Finland, Germany, Latvia, Lithuania, Norway, Russia,  
Ukraine, France

Dear Friends,

On behalf of the Executive Board of the Polish Weightlifting Federation we have pleasure to invite your team for the International Weightlifting Tournament of Junior Women and Men (u.18), which will take place on **26-28 June, 2015 in Siedlce** (ca 90 km East from Warsaw).

**Organisers:** Polish Weightlifting Federation,  
Club WLKS Siedlce - Nowe Iganie

### **Program:**

|                              |                                 |
|------------------------------|---------------------------------|
| 26.06.2015 (Friday)          | arrival of the teams to Siedlce |
| 18.00                        | Technical Conference            |
| <b>27.06.2015 (Saturday)</b> | <b>Competitions</b>             |
| 28.06.2015 (Sunday)          | departure of the teams          |

### **Organisers provide:**

- Transport on the route Warsaw - Siedlce – Warsaw
- Local transport in Siedlce from the hotel to the competition venue and back
- Accommodation and meals for 3 days for: 3 men athletes + 2 women athletes + 2 accompanying persons
- Money awards **for 3 best junior women and 3 best junior men (according to the Sinclair's formula), respectively 350 USD, 250 USD, 150 USD.**

Please kindly send your **Preliminary Entry before 4<sup>th</sup> May 2015** and **Final Entry before 10<sup>th</sup> June, 2015.**

Our phone/fax number: 00 48 25 633 95 08  
00 48 22 834 11 42

e-mail address: [wlksi@wp.pl](mailto:wlksi@wp.pl); [biuro@pzpc.pl](mailto:biuro@pzpc.pl)

Kind regards,

*President*  
*Polish Weightlifting Federation*

*Szymon Kolečki*

*Director*  
*WLKS Siedlce – Nowe Iganie*

*Stefan Długosz*