



# **BALTIC CUP CHAMPIONSHIPS in WEIGHTLIFTING**

## **02 – 04 September 2016, Gdansk - Poland**

### **PROVISIONAL COMPETITION SCHEDULE AND PROGRAM**

#### **Friday – 2<sup>nd</sup> September**

**12.00-** Arrival of Delegations (Training is possible 16:00-19:00)

**20.00** - technical meeting

#### **Saturday – 3<sup>th</sup> September**

**08.00** – Weigh-in

**10.15** – **Opening Ceremony**

**10.30** I group - Girls U17 and Women U20

**12.30** II group - Women

**14.00** III group - Boys U17 and Men U20

**16.00** IV group Men

#### **Sunday 4<sup>th</sup> September**

Departure of Delegations

NOTE: Time schedule may be changed after the verification of final entries.