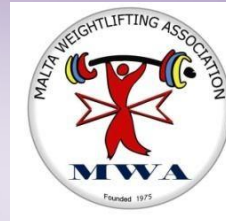




7th EUROPEAN UNION WEIGHTLIFTING CUP and EUWC ELECTORAL CONGRESS MALTA 25 - 27 JUNE 2021



Invitation

Dear Sport Friends,

It gives me great pleasure to officially announce that Malta Weightlifting Association will be hosting the 7th edition of the 'European Union Cup' and EUWC Electoral Congress from 25th to 27th June 2021.

In doing so, we would like to take this opportunity to extend the invitation to you.

Located at the centre of the Mediterranean Sea, our island is small and beautiful, our association also small but growing in number and potential. It is with great pleasure that we are given the opportunity and privilege to host this Competition and Congress.

This event presents us with a great opportunity to develop and further strengthen our sport and also our various friendships with our fellow federations.

We will also extend our invite to some Non-European Union Weightlifting Confederation Members for this Competition.



General Information:

Capital City of Malta is Valletta.

Population of the Maltese archipelago this include Malta, Comino and Gozo is 442,000 people. The islands have a total area of 316 km².

Language spoken is Maltese but English is widely spoken.

Climate, in the month of June the temperature will be around 30 °C during the day

Getting here, Malta has only one main International airport. We have good connection with many European cities from many different air companies.

Distance from airport to Hotel is only (10.5 KM)

Electricity, is 230v and the three-pin rectangular plug system is used, as in UK

Currency, the currency used in Malta is the Euro.

Venues

Competition: Cottonera Sports Complex in Cospicua.

Accommodation: Plaza Hotel in Sliema

Electoral Congress: Plaza Hotel in Sliema

The Competition centre is located in the **Three Cities** a collective description of the three fortified cities of Birgu, Senglea and Cospicua. The oldest of the Three Cities is Birgu, which has existed since the Middle Ages. The other two cities, Senglea and Cospicua, were both founded by the Order of Saint John in the 16th and 17th centuries. The Three Cities are enclosed by the Cottonera Lines, along with several other fortifications.



Competition Arena

Competition Rules and Regulations

The competitions will be held in accordance with the European Union Confederation rules for the countries eligible to participate in the above tournament.

1. Team

- The Team is made of 6 athletes, 3 boys and 3 girls. Results will be calculated on the Sinclair form. The team with the highest points wins.
- 1 boy and 1 girl Under 15 years of age, born between 2006-2008
- 1 boy and 1 girl Under 17 years of age, born between 2004-2008
- 1 boy and 1 girl Under 20 years of age, born between 2001-2006
- Those that they are not able to come with a full team they can still participate in the competition.

2. Eligibility to participate

European Union Weightlifting Confederation members, which are affiliated to the IWF.

3. Entries

Preliminary entry forms must be received by the organising committee before **14th May 2021**.

Final entry forms must be received by the organising committee before **28th May 2021**.

4. Awards

- Team Trophy for 1st, 2nd and 3rd place and the rest of the teams.
- Gold, Silver and Bronze medals will be awarded to the first three individual athletes both men and women according to Sinclair points in each category, all other athletes will receive a medal for participation.

5. Package rate

The participants have to pay the sum of:

€95 in triple sharing per person per day on full board basis

€105 in twin sharing per person per day on full board basis

€130 in single room per person per day on full board basis

The package also includes transportation: From Airport to Hotel and Vice-Versa and from Hotel to Competition Hall and Vice-Versa.

**The fee as stated above is the accommodation at the Plaza Hotel for three nights.*



5b. Payments

We do not accept cash payment upon arrival at the hotel's registration desk, all payments should be made by bank transfer to the following account.

Beneficiary : Malta Weightlifting Association

Bank : Bank of Valletta
184, Naxxar Road, San Gwann
SGN 9030 MALTA

IBAN : MT34VALL22013000000016701840029

SWIFT: VALLMTMT

Please send us a copy of transaction not later than **18th June** by e-mail to mwa.wl.mlt@gmail.com

6. Visa to Malta

EU countries do not require a visa to visit Malta. Our country is also a Schengen zone. All other participants should contact the respective embassy in their countries and find out if a visa is required.

7. Equipment

IWF approved barbells will be used during competition.

8. Doping Control

The doping controls will be carried out according to the IWF Anti-Doping Policy.

9. Technical Officials

The participating federations must delegate a Technical Official for the competition, category I. or II and with IWF license paid.

10. Insurance

All national federation must undertake full moral and financial responsibility for their delegates as well for their health in case of accidents or damages.

11. COVID -19

All national federation must read carefully the Covid-19 protocol that we will send soon. As the COVID situation has shown us since day 1, it is constantly evolving and will continue to do so, so we must always prepared for the situation to go in any direction. The Malta Weightlifting Association cannot be kept responsible if Covid-19 issues are out of their control even if competitions have to be cancelled.

12. Accreditation

The accreditation will take place at Plaza Hotel registration desk upon arrival.

14. Correspondence

Malta Weightlifting Association - Mr. Jesmond Caruana President

37 Springvale – Triq L-Ahmar Marsaskala MSK3750 Malta

email: mwa.wl.mlt@gmail.com

Tel: +356 79632415

European Union Weightlifting Confederation - Mr. Giuseppe Minissale General Secretary

email: g.minissale1@libero.it /Mr. Jesmond Caruana President email: president.euwc@gmail.com

The Plaza Hotel is located on Malta's prestigious promenade, Sliema's Tower Road -



Hotel and Promenade



Competition Hall setup.

Provisional program: (subject to change according to the final entries received)

FRIDAY 25th JUNE

- **ARRIVAL OF DELEGATES AND TEAMS**
- **18.00 VERIFICATION OF FINAL ENTRIES**

SATURDAY 26th

- 09:30: **CONGRESS of the EUWC at the Regency Hall (Plaza Hotel)**
- 15.00: **Start of competition Under 15 Boys**
- 17.30: **Start of competition U-15 Girls**

SUNDAY 27th

- 10.00: **Start of competition Under 17 Boys**
- 12.30: **Start of competition Under 17 Girls**
- 15.00: **Start of competition Under 20 Boys**
- 17.30: **Start of competition Under 20 Girls**

MONDAY 28th

- **Departure of Delegates and Teams**



We look forward to welcoming your delegation.

Kind regards,
Mr. Jesmond Caruana
MWA President

