**XXX Jubilee International Malak Memorial**

#### Regulations

1. EVENT PURPOSE

The memorial is dedicated to the memory of well-known weightlifter, tragically deceased, bronze medalist of the Olympic Games in Barcelona (1992) - Waldemar MALAK.

1. DATE AND PLACE

The competition will be held on 30.08.2025 (Saturday) in sport hall "Atleta",

80-395 Gdańsk, Opolska 6.

1. ORGANIZER

The Organizer is **MKS Atleta** Gdańsk in cooperation with Polish Weightlifting Federation.

1. PARTICIPANTS

The right to start in the tournament is given to 12-14 athletes in heavy weights – over 88 kg - selected from among the registered competitors.

Registration from 1.05.25 to 31.05.25 by e-mail [biuro@atletagdansk.pl](mailto:biuro@atletagdansk.pl)

The Organizer provides food and accommodation.

1. CLASSIFICATION AND PRIZES

Competitors will be ranked according to Sinclair's score.

Money prizes for competitors from I to XII place:

1. 3 000 €
2. 2 000 €
3. 1 000 €
4. 800 €
5. 700 €
6. 600 €
7. 500 €
8. 400 €
9. 300 €
10. 300 €
11. 200 €
12. 200 €

Athletes classified on places I- VI will receive cups.

All participants will receive commemorative medals.

1. COMPETITION PROGRAM

12:00 technical conference

12:30 weigh-in

15:45 open ceremony

16:00 competition

18:00 victory ceremony

18:30 closing ceremony

Director

Lech Labudda

**PRELIMINARY MEN SENIOR ENTRY FORM**

**Country:**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Official’s name** | | **Date of birth** | | | **Function** |
| **Given** | **Family** | **DD** | **MM** | **YYYY** |
| **1** |  |  |  |  |  |  |
| **2** |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |
| **5** |  |  |  |  |  |  |

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **No.** | **Athlete's name** | | **Date of birth** | | | **Bodyweight Category** | **Entry Total** |
| **Given** | **Family** | **DD** | **MM** | **YYYY** |
| **1** |  |  |  |  |  |  |  |
| **2** |  |  |  |  |  |  |  |
| **3** |  |  |  |  |  |  |  |
| **4** |  |  |  |  |  |  |  |
| **5** |  |  |  |  |  |  |  |

**Name: Date: Signature:**