

XX Jubilee International Tournament Young Talents

Regulations

1. PURPOSE OF THE COMPETITION

- popularisation of weightlifting among young people
- selection the best lifters
- preparing young people for sport competitions

2. DATE AND PLACE

The competition will be held on 31.05.2025 (Saturday) in the sports hall Atletka, 80-395 Gdańsk, Opolska 6.

3. ORGANIZER

The organizer of the competition is **MKS Atletka** Gdańsk in cooperation with the Polish Weightlifting Federation

4. PARTICIPANTS

The right to start in the competition is given to athletes from clubs invited by the organizer in age categories:

- U15
- U17
- U20

Organizer secures accommodation and board in period 29.05-1.06 or 30.05-2.06.

5. CLASSIFICATION AND AWARDS

For the top 3 boys in each age category and for the top 3 girls in the open category there are destined cups.

Girls will be scored together, in lower age categories they will receive additional points.

In the team classification there will be cups for three best teams.

The team can have maximum of 6 athletes, four best will score, girls points will be multiplied by 1,4.

All athletes will receive occasional medals.

6. COMPETITION PROGRAM

10.00 - technical conference

10.30 - weigh-in

12.00 - competition

17.00 - victory ceremony

7. ORGANIZATIONAL MATTERS

Competitors will be ranked according to Sinclair's score.

The right to interpret these regulations is held by Main Referee or Organizer.

Medical and judicial services shall be provided by the Organizer.

Contact:

- Lech Labudda +48 501 090 200.

Organizer