



Miejski Klub Sportowy „Atleta”
80-395 Gdańsk, ul. Opolska 6
MBank
08 1140 2004 0000 3802 7659 5618

XXXI International Malak Memorial

Regulations

1. EVENT PURPOSE

The memorial is dedicated to the memory of well-known weightlifter, tragically deceased, bronze medalist of the Olympic Games in Barcelona (1992) - Waldemar MALAK.

2. DATE AND PLACE

The competition will be held on 29.08.2026 (Saturday) in sport hall **Atleta**, 80-395 Gdańsk, Opolska 6.

3. ORGANIZER

The Organizer is **MKS Atleta** Gdańsk together with the **Polish Weightlifting Federation**.

4. PARTICIPANTS

The right to start in the tournament is given to 12 athletes in heavy weights – over 85 kg - selected from among the registered competitors.

Registration till 31.05.26 by e-mail biuro@atletagdansk.pl

Selection of players until 15.06.26.

The Organizer provides meals and accommodation.

5. CLASSIFICATION AND PRIZES

Competitors will be ranked according to Sinclair's score.

Money prizes for competitors from I to XII place:

1. 3 000 €
2. 2 000 €
3. 1 000 €
4. 800 €
5. 700 €
6. 600 €
7. 500 €
8. 400 €
9. 300 €
10. 300 €
11. 200 €
12. 200 €

Athletes classified on places I- VI will receive cups.

All participants will receive commemorative medals.

6. COMPETITION PROGRAM

- 12:00 technical conference
- 12:30 weigh-in
- 15:45 open ceremony
- 16:00 competition
- 18:00 victory ceremony
- 18:30 closing ceremony

Organizer

PRELIMINARY ENTRY FORM

Country:

No.	Athlete's name		Date of birth			Bodyweight Category	Entry Total
	Given	Family	DD	MM	YYYY		
1							
2							
3							
4							
5							

No.	Official's name		Date of birth			Function
	Given	Family	DD	MM	YYYY	
1						
2						
3						
4						
5						

Name:

Date:

Signature: